

(not) Alone

For Concert Band, Grade 2.5
By Randall D. Standridge (ASCAP)

Instrumentation

1 - Full Score	4 - Bb Trumpet 1
8 - Flute	4 - Bb Trumpet 2
2 - Oboe	4 - F Horn
2 - Bassoon	4 - Trombone 1
5 - Bb Clarinet 1	4 - Trombone 2
5 - Bb Clarinet 2	4 - Euphonium B.C.
2 - Bb Bass Clarinet	2 - Euphonium T.C.
6 - Eb Alto Saxophone	4 - Tuba
2 - Bb Tenor Saxophone	
2 - Eb Baritone Saxophone	

1 - Piano (optional)
2 - Mallets 1: Bells/Slapstick
2 - Mallets 2: Vibraphone/Xylophone
2 - Mallets 3: Crotales/Chimes/Marimba
2 - Timpani (4)
2 - Percussion 1: Finger Cymbals(opt. Tri.)/Tam-Tam (w perc.3)/Snare Drum/4 Concert Toms/Wind Chimes
2 - Percussion 2: Bass Drum
2 - Percussion 3: Suspended Cymbal/China Cymbal/Sleigh Bells/Tam-Tam (w perc.1)

Full Set - \$75.00

Extra Conductor Score - \$12.00

Extra Part - \$4.00



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(not) Alone

By Randall D. Standridge

Why I wrote (not) Alone

Many who live with mental health conditions experience a profound sense of isolation. Discussing these issues and more so, identifying as someone who lives with them, has been extremely taboo in our society. Thus, many suffer in silence, facing their troubles with no support. But, as the title of the work implies, they are not alone.

I live with depression and anxiety. I have tried to use my platform to normalize discussions about mental health and to help start conversations about this issue. Here are some statistics you may or may not be aware of:

1 in 5 of adults in the US experience mental health issues each year.

1 in 6 youths in the US experience mental health issues each year.

90% of suicides worldwide are attributable to mental illness.

Suicide is the 2nd leading cause of death in the United States.

With statistics like this, it is shocking and frustrating that so many people are reluctant to acknowledge, discuss, and address these issues.

In 2021, I was asked to create a work for wind ensemble addressing mental illness. The resultant work, "unBroken", is one of my favorite works I have ever created, both from an aesthetic and personal perspective. However, this work is very advanced (Grade 5), which limits its demographic for performers and, thus, audiences.

Those of us that teach or have taught middle school and high school know that there is a need to address this issue at younger ages, and to make such tools available to middle schools and developing high school ensembles.

I decided to make this work a consortium, expecting there would be 20-30 schools that would support such a piece. 40 tops.

The consortium included over 300 schools.

This is an issue whose time has come. The time is now. We need to talk about this, and we are going to talk about this.

We are going to show them all that they are not alone.

About the work

The piece starts very softly, with both beauty and dissonance. The individual is aware that something is wrong but is trying to bravely persist. A soloist introduces the main theme of the work, a bittersweet melody that is lovely and vulnerable. As the first segment continues, dissonant elements and a three note descending theme signals the onset of a mental health crisis.

The second segment is manic and violent. The individual struggles with their condition as everything seems to be in darkness. The piece builds to a thunderous moment before dying away to a cloud of confusion. Their heartbeat is heard racing and then slowing. The individual is broken.

The original theme sounds out again, unaccompanied, but others join in. The work rises to a triumphant climax, as a sense of solidarity is achieved. The work ends with the soloist again, but more confident and with others there for support.

Major Themes

There are four major themes that are used in the work.

The first, which I call "Shirley's Theme", after my mother who lives with severe depression, is first heard at measure 9. This work is used throughout, both in whole and in part, so signify the individual.

The second theme, a three note descending motif, appears throughout the work. It is twisted a minor second down and minor third, and it represents the darkness inside the individual's mind. This is the "Mental Illness Motif."

The third theme, the "hope" motif, is the five note motif that starts the work in the piano/mallets. It represents the individual trying to find hope for happiness and a better future.

The fourth theme, the "crisis" motif, is a 12-tone row, first sounded in m.42. 12 tone music has always sound disturbing and inhuman to me, and I found this to be a great way to express mental illness and despair. The 12-tone row is built off of various iterations and inversions of the second theme ("Mental Illness Motif").

Rehearsal suggestions

- The ranges of this work have been severely limited to allow younger players to focus on expression, dynamics, style, and beauty of sound.
- Dynamics should be noticeable and taken to extremes, for a hyper dramatic quality.
- The piano part is optional but highly encouraged.
- The work may appear daunting at first. Work in segments and gradually join them. I recommend breaking the piece up into the following "chunks" to work on: m.1-39, m.40 - 89, m.89-End. Treat it as 3 smaller pieces and approach it accordingly.
- At m.9, the solo may be played freely with a slight pause between each phrase. Let the silence echo out.
- Explain to performers that rests are not the composer saying "do not play." They are the composer saying that the player should "allow silence to exist." They must be still and not move to create this effect. Movement creates both aural and visual sound. The silence should be absolute to create the proper mood.

The unBroken Project began with the composition of my work, *unBroken*. The work was my first to deal with mental health struggles and, inspired by its reception, I have created a series of works for performers, conductors, and audiences to use as conversational starting points for these issues. As of this writing, there are 5 works in the series, and I anticipate creating at least 2 more: *unBroken (Grade 5)*, *Choose Joy (Grade 3)*, *(not) Alone (Grade 2.5)*, *Blue Sky Horizon (Grade 2)*, and *Fragile (Grade 1.5-2)*.

Note that *unBroken* (the grade 5 work) is available as a free rental for university, professional, community, and accomplished high school bands. Please message me for details.

WORKS IN "THE UNBROKEN PROJECT"

- unBroken (Grade 5)
- Choose Joy (Grade 3)
- (not) Alone (Grade 2.5)
- Blue Sky Horizon (Grade 2)
- Fragile (Grade 1.5-2)

About the Composer



Randall Standridge (b.1976) received his Bachelor of Music Education from Arkansas State University. During this time, he studied composition with Dr. Tom O'Connor, before returning to Arkansas State University to earn his Master's in Music Composition, studying with Dr. Tom O'Connor and Dr. Tim Crist. From 2001 to 2013, he served as the Director of Bands at Harrisburg High School in Harrisburg, Arkansas.

Mr. Standridge is currently published by Grand Mesa Music, Alfred Music, FJH Music, Wingert-Jones Music, BandWorks Publications, Twin Towers Music, and Northeastern Music Publications. Mr. Standridge has had several of his pieces performed internationally, and has had numerous works selected to the J.W. Pepper's Editor's Choice and Bandworld Top 100 lists. His compositions *Snake Charmer*, *Gently Blows the Summer Wind*, and *Angelic Celebrations* also published are included in *Teaching Music through Performance in Band* series. He has had several works performed at the Midwest Music Clinic in Chicago, IL. His work *Art(isms)* was premiered by the Arkansas State University Wind Ensemble at the 2010 CBDNA conference in Las Cruces, New Mexico. Mr. Standridge is also a contributing composer for Alfred Music's *Sound Innovations: Ensemble Development* series. His music is gaining recognition as worthwhile literature for concert festivals and performances across the United States and internationally.

In addition to his career as a composer, Mr. Standridge is the Marching Band Editor for Grand Mesa Music Publishers. He is in demand as a conductor, clinician, drill designer, composer, and music arranger for the marching arts. He is also a freelance artist, photographer, and writer. He lives in Jonesboro, AR with his family. For more information about Mr. Standridge, visit his website at:

www.randallstandridge.com

The (not) Alone Consortium

I cannot thank the following group of schools and organizations enough. Thank you for supporting this work:

Academy High School Bands; Eric Skinner, Director of Bands,
Brant Poindexter, Assistant Director

Adams Middle School Concert Band, David T. Mety, Director

Albemarle County Concert Band, Jean Flaherty, Director

Alexander High School, Morgan Hafner, Director

Alhambra High School, Sara C. Stafford, Director

Ankeny Southview Middle School 8th & 9th Grade Bands

Argo Community High School Band, Jeanette Soebbing, Director

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Aubry Bend Middle School Bands, Michelle Van Unen, Director

Aurora Christian School High School and Junior High School Bands,
Mrs. Anne L. Hauser, Director

Bay City Central Band, Kristy Keenan, Director

Beebe High School Band, Allie and Matt Simpson, Directors

Belmont Secondary School, Mandart Chan, CD MMus

Bennett High School, Valerie White, Director

Bernotas Middle School Bands, Rick LoPresto and Kristina Wooden, Directors.

Bethel High School Band, John M. Wetherington & Ryan Whitehead, Directors

Boonville Silver Pirate Band, Kim Pirtle and Alec Fields, Directors

Bradford High School Band

Breckenridge High School Band, Ms. Emily Christensen, Director

Bridgewater-Raritan Middle School, Ashlen Udell and Tom Murphy, Directors

Brookville High School Concert Band, Febe Harmon, Director

Byron Middle School Band, Matt Maurizio, Director

C.E. McCall Middle School 7th/8th Grade Band, Christopher Morgan

Calgary Girls Charter School - Sarah Drew, director

Camillus Middle School, Mrs. Erin McConnell director

Cardston High School, Barrett Swendsen, Director

Carl Albert Middle School Band, Mrs. Becky Scott

Cass City Symphony Band, Laura J. Curtis, Director

Cedar Rapids Prairie High School Band, Deron Jimmerson & Joshua Hahn, Directors

Centennial Middle School, Jennifer Dunn, director

Central Bucks High School West Concert Wind Ensemble, Neil Delson, Director

Central DeWitt High School Concert Band, Josh Greubel, Director

Centreville High School Wind Ensemble, Melissa A. Hall, Director

Charlotte High School Symphony Band

Chelsea School District Bands, Katy Steklac and Alison Roberts

Cherokee Bluff High School Band, J. Craig Cantrell, Director

Chesaning High School Symphonic Band, Matt Ingersoll, Director

Chiddix Junior High School Band, Tricia Ogdon, Director

Cibola High School Golden Regiment Bands

Cimarron High School Band, Laura Eberhardt, Director

Cinnaminson High School Band, Deb Knisely, Director

Clare HS Symphonic Band, Jason Lowe, director

Clear Creek Middle School Advanced Band, Cynthia Navarro, Director

Clint Small Middle School Band

Clinton High School Band, Matthew Bimstein, Director

Cocke County High School Band, Travis Hicks, Kathy Sotelo, & Neil Graves, Directors

Columbia Central School Band, Ed Fitzgerald, Director

Conneaut High School Symphonic Band, Nathan Wise, Director

Coolidge Jr. High School Band, Chuck Noud, Director, Jaida Brockman, Asst. Director

Cooper Middle School Band, Matthew Baker and Alexandra Singer, Directors

Craiglea SHS Symphonic Winds, Christine Jabs, Director - Brisbane, Australia

Creek Valley Middle School Band, Kim Cooley, Director.

Creekview Middle School Band, Scott McClean, Stuart Spoon, Heather Tabor, Directors

Croswell-Lexington H.S. Symphonic Band, Kevin R. Czarnik, Director

Crow High School Band

D.W. Poppy Secondary School Bands, Mark Follett, Director

Davis High School Band, Michael Crookston, Director

Deer Creek Middle School Bands, Jim Sudano, Director

DeForest Area School District Bands, Katherine Heidtke & Brandon Bautz, Directors of Bands

Delran High School Band, Tom Rafter, Director

Dilworth-Glyndon-Felton High School Bands, Joshua Argall, Director

Dodge Middle School Band, Tara Michlitsch and Noah Grothe, Directors

Don Fisher (retired), Carmel Middle School

Dover Middle School Bands, Micah Carrick, Director.

East View High School Band, Jesus Torres, Rachel Butler, and Andrew Blezinger, Directors

Eastern Arizona College Wind Ensemble, Geoff DeSpain, Director

Eastern High School Band, Taylor Hardy-Odle, Director

Eastwood High School Trooper Band, John A Matthews II, Director of Bands

École Van Wallegghem, Matt Neufeld, Director.

Eddyville Blakesburg Fremont Concert Band

Eisenhower High School Screamin' Eagle Band, Janette Garton, Director

Elgin High School Band, Eric Heithoff, Director

Elizabeth Davis Middle School Band, Madeline Barker, Director

Ellendale High School Band, Charlene Blondo, Director

Elwood-John Glenn H.S. Band, Vickie Henson, Director

Eulless Junior High Stallion Band, Christen Stout

Exeter-West Greenwich Jr/Sr High Bands, Gregg Charest, Director

Fairfax High School Symphonic Band, Patric Buchroeder, Director

Falls Church High School Band, Steven Jacoby, Director

Fayette High School Band, Elizabeth Betts

Feagin Mill Middle School Band, Trey English, Director

Ferris High School Band, Jennifer Kofahl, Director

Floyd Henson Junior High School, Sara Hudson, Director

Frankfurt International School Concert Band, Mark Fields, Director

Fredericksburg High School Band, Haley Spencer

Fremont High School Symphonic Band

Galena Park High School Band, KC Christensen, Tyler Bordelon, Jonathan Carr,
and Gerardo Torres, Director

Gautier Middle School Band, Louise Smith

Gaylord Community Schools, Aaron Hotelling, Director

Germantown HS Concert Winds, Andrew Stone, Director

Gildersleeve Middle School Band, Don Gatz/Robert Deis, Directors

Glenwood City High School Band, Matt Lamb, Director

Gordon Gregory Middle School Bands, Kelly Dimidik and Claire Fenton, Directors.

Grand Haven Lakeshore Middle School Band, Brian Ambrose, Director

Grand Ledge Beagle Middle School Band, Tavia Zerman, Director.

Greenbrier Junior High Band, Marcy Wells, Director

Grosse Pointe North High School Symphony Band

Gustavus Adolphus College Bands

Hackettstown Middle School Band, Christopher Zwarych, Director

Hanford High School Concert Band, Adam Hancock, Director

Hanover Central Bands, James P Lowry

Harriet Eddy Middle School Symphonic Band, Robert E. Holm, Director

Harrison High School Band, Deanna Loertscher, director

Harrisonburg High School Band, Claire Leeper & Daniel Upton, Directors

Hart Middle School Bands, Amy Rever-Oberle, Director

Hartsville Middle School Band

Highland Park Middle School Wind Ensemble, Amanda Lyon, Director

Hillsboro High School Concert Band, Dan Drake, Director.

Hinckley-Big Rock High School Wind Ensemble, Sarah Sartori, Director

Hiram High School Band, Mitchell Roberts and Mike Bearden, Directors

Hollidaysburg Area High School Band

Hope High School Band, Christian Davis, Director.

Houlton Middle Senior High School, Kevin Mania and Mike Hutchinson, Directors

Howard High School Band, Emmanuel Johnson, Director

Hudson Middle School Band, Heather Becker, Director

Huntingdon Area High School Concert Band, Jordan Canner, Director

Huntington High School Concert Band, Sarah Smith, Director

In Honor of the The Marceline High School Band, Joslyn Lay.

Indian Lake High School Symphonic Band, Jason Fauley and Morissa Sweeney, Directors

International Leadership of Texas Keller Saginaw High School Bands, Jenny Cooper, Director

Iowa Park High School Wind Ensemble

Iowa Park Middle School Band, Rudy Leal, Jonathan Fortson, dir.

Iron Mountain High School Band, Craig Recla, Director

Issaquah High School (WA), Patrick Holen, Director

J.B. Conant High School Wind Ensemble, Leann Roder-Manson

John F. Kennedy High School Wind Ensemble, Walter Avellaneda, Conductor

Jordan-Elbridge Senior High Concert Band, Zachary Moser, Director

Keller Middle School Band

Kerkhoven-Murdock-Sunburg Bands, Pam Diem, Director

Kimball Area High School Bands, Justin J. Frerich, Director

Kimmons Middle School Band, Christopher Ha, Director

Kino Junior High Concert Band, Todd Livingston, Director.

Korea International School Phoenix Band, Mr. Sanford Jones, Director

Kromrey Middle School Band, Darlayne Coughlin & Kimberly Reynolds, Directors

L.V. Berkner High School, Frank Troyka, Director of Bands (Retired)

Lake Symphonic Band, Samuel Maran, Director

Lake Worth High School Band, Colin Kading, Director

Lancaster Middle School Arrow Band, Ashley Miller

Langford Area Band, Kelly Wieser, Director

Lebanon High School Wind Ensemble - Aaron Stewart, Conductor

Lincoln High School Bands, Leslie Schwegler, Director

Lisbon Central High School, Glenn Roberts, dir.

Lisgar Collegiate Institute Concert Band, Director Lani Sommers

Lodi High School Bands, Doug Hoeft, Director

Lord Beaverbrook High School Symphonic Band, Calgary, Alberta, Canada, Scott Campbell, Director

Loveland Middle School Band, Christopher Huening, Director

Mahtomedi High School Zephyr Wind Orchestra, Laura A. Goucher, Director

Mainland Regional High School Concert Bands, Derek Rohaly, Director.

Manteca Area Community Band, Anthony Dahl, Director

Maret School Concert Band/Strings, Emily Park, Director.

Maumee High School Band, Maumee, OH Eric Boswell & Chris Murphy, Directors

Mayberry Middle School Bands, Jayme Hayes, Director

McLean High School Band, Chris Weise and Deidra Denson, Directors

Memorial High School Symphonic Band (West New York, NJ), Michael Godett, Director.

Mentor High School Bands, Steve Poremba and Ben McMurtrie, Directors

Milan High School Band, Davey Edmaiston and Lisa Bryant, Directors

Mineral Wells Junior High School Band, Michael Lyons, Director

Mishawaka High School Band, Kaleb Chamberlin, Director and Barf Roberts, Assistant Director

Mission Hill Middle School Gold Band and The Santa Cruz High School Varsity Band, Christina Latham, Director

Mission Trail Middle School Band, Eric Griffin, Director

Monarch PK-8 Band, Dan Pinkston, Director

Montgomery Central High School Concert Band

Monticello High School Band, Matt and Carrie Teague, Directors

Montour High School Percussion Ensemble, Cyndi Mancini, Band Director

Mosinee High School Band

Mount Carmel School Wind Orchestra, Julian Greening, Director

Muir Middle School Band/Huron Valley Schools, Kristin Blanchard, Director

Mukwonago High School Bands, Emma Angoli, Director

Needwood Middle School Concert Band, Noah Madison, Director.

Neodesha High School Band, Quinton Bockhold, Director

New Bedford High School Band, Matthew C. Pacheco, Band Director

Nichols Middle School Band, Cary Jacobs, Director

Norman High School Band, Stephen Meiller & Matt Chandler, Directors

North Hunterdon High School Concert Band, Gregory Boccuti, Director

North Lakes State College - Sculthorpe Winds

North Plainfield Middle School Band, Mr. Garrett Dexter, Director

North Shore Middle School Band, Dr. Eric Mordhorst and Ms. Caitlin Mallon, Directors.

Northbrook Junior High Wind Ensemble

Northeast Middle School Symphonic Band, Kaitlin DeRees, Director

Northwest High School Band, Christina Stephan and Callie Barnhouse Directors

Northwest Missouri State University Concert Band, Robert Pippin, Director

Northwestern High School Concert Band, Jill Melchitzky, Director.

Odebolt Arthur Battle Creek Ida Grove (OABCIG) High School Band, Jacob Welper, Director

Odem High School Band

Old Donation School, Home of the Brickell Academy for Advanced Academics and Arts, James W. Reid, Director of Bands

Olympia High School Concert Band

Oologah High School Band, Jon Matthews & Dave Smith, Directors

Orillia Secondary School Concert Band, Laura Christie & Laura Lee Matthie, Directors

Owen High School Band

Patrick Henry Middle School Band, Holly Gage, Director

Paw Paw P.R.I.D.E. Bands, Amy J. Gronda & Kevin E. Cort, Directors

Pierz Healy High School, Joel Pohland, Director

Pilot Point High School

Pine Creek High School Bands, Kate Margrave and Stoney Black, Directors

Piner Middle School Honor Band, Mackenzie Viviano, Director

Piqua High School Band, Mitch Mahaney, Wyatt Heinz, Directors

Plymouth Whitemarsh High School Concert Band, Tonia Asel Kaufman, Conductor

Pymatuning Valley High School Band, Justin Dye, Director

Ramona High School Dynasty Band-Brian Gallagher, director

Reeths-Puffer Middle School Band, Richard Erne, Director

Richard Butler Middle School Band, Lyn M. Lowndes, Director

Richfield High School Band, Brian Thompson, Director

Ridgeview Middle School Music, Nicholas Proszkow, Katelyn Chiles, Deb Stahl, Directors

Rocky Top Middle School Band, Shelby Serio, Director

Rosman Middle & High School Bands, Katerina Canter, Director

Royall Middle & High School Bands, Lindsay North, Director

Rutland High School Band (VT), Brent Barnett, Director

Sacred Heart University Band

Salida High School Concert Band, André Wilkins

Salyards Middle School Band

Sandwich High School Band, Justin Heinekamp

Santa Gertrudis Lion band.

Scoggins Middle School Band, Adam Davis and Rose Brinkman, Directors

Scurry-Rosser High School Band, Paul Martin, Director

Seneca High School Band, Christian Woods, Director

Shakopee High School Bands, Eric Christenson and Ben Hoehn, Directors

Sierra Verde STEAM Academy, Benjamin Lynch, Director

Simley High School, Kevin Robinson, Director

Sioux City West High School Bands, Eric Elker and Patrick Patterson, Directors

Sir Frederick Banting S.S. Bands

Sir Winston Churchill High School Concert Band, Rachele Henkel and Philip Rounding, Directors

South Vermillion High School Band, Heather Scott, Director

Spring Ridge Middle School Concert Band

Spring Woods High School Symphonic Band, Brandon McNeal, Director.

Springfield High School Bands, Jon Bridges, Director

St. Clair Bands, Scott Fryer and Micah Volz, Directors

St. James Bands, Derek Limback and Roger Payne Jr, Directors

St. James Bands, Derek Limback and Roger Payne Jr, Directors

St. Vincent - St. Mary High School Symphonic Band, Brian Campbell

Stanley High School Band, Brittany Schwingler

Sunset Middle School Band, Stephanie Texera, Director

Susan Clark Junior High Band, Jennifer Rosin, Director

Tartleton State University Symphonic Band

Temecula Middle School Symphonic Band, Ivan Aviles, Director

The Bayless High School Band, Stephen Eford and Jeff Martini, Directors

The Bennington High School Band, Bailey Schell, Director

The Bishop Carroll High School Symphonic Band, Calgary, Canada, Chris Herard, Director

The Bolles School Symphonic Band, Maggie Vance, Director

The Bremen High School Band, Ben Salgado, Director

The Brighton High School Bands

The Campobello-Gramling School Honor Band, Courtney Vance, Director

The Canyon Lake High School Hawk Band, Ed Gonzales and Caleb Hoffmann, Directors

The Cardinal Gibbons Symphonic Band, Mark Cashin and Aaron Brown, Director of Bands

The Central Middle School Band, Moisés Garza, Director

The Central Mountain High School Band, Ashley Crust, Director

The Coffee Middle School Band, David Arambulo & Terry Kenney, Directors

The Colmer Middle School Band, Jennifer Theisen-Gray, Ed.S, Director

The Colonel Crawford Eagle Concert Band, Mr. Justin Cooper, Director

The Comet Concert Band, Bryan Akers, Director

The Coolidge Middle School 7/8th grade band, Cheryl Webster, Director

The Cotter High School Concert Band, Andy Meurer, Director

The Creighton Middle School Symphonic Band, Kevin Larsen, Director of Bands

The Crete High School Band, Eric Fahrlander, Director

The Dauphin Jr. High School Symphonic Band, D. Justin Compton, Director

The Dixie High School Wind Symphony, Brent D. Fugate, Director.

The East Canton High School Concert Band, Mr. Jacob Husted, Director

The Grantsburg High School Concert Band, Jesse Frozene

The Greenbrier East High School Band, Jim Alder, Director

The Henry James Memorial School Band, Andrew Kohanski, Director

The Huron Middle School Bands, Julie Berger, Director

The Jackson County Band, Carroll Gotcher, Director

The Jackson Wildcat Honor Band, James Meador and Connor Fetting, Directors

The Jamestown High School Band, Meghan Murray, Director

The Lake Crystal Wellcome Memorial Concert Band, Malia Jones, Director

The Lehman Lobo Band - Nate Smith, Director

The Leonardtown Middle School Symphonic Band, Megan L Czechanski-Giannuzzi, Director

The Licking Valley High School Band, John Barrett, Director

The Lone Hill Middle School Band, Kelly Leyva, Director

The Michigan Center High School Band, Sarah Nietupski, Director.

The Miller High School Band, Collin Otteson, Director

The Morehead City Middle School Band

The New Lexington High School Band, Amber Durant, Director

The North High School Bands, Mr. Aaron Hammerman, Director

The Ontario High School Band, Sean DeLong, Director

The Orchard Park Middle School Band, Sarah LaPaglia & Alison Dings, Directors

The Orem Jr High Symphonic Band, Curtis Winters, Director

The Ovid-Elsie High School Band, Jeanine Ignash

The Parkwood High School Band, Jonathan P. Sale, Director

The Pope High School Band, Bo Sadders, Director

The Pride of Eastside Eagle Bands, D. Alan Fowler, Director

The Raymore-Peculiar South Middle School Symphonic Band, Dillon Jarrett, Director

The Robert B. Glenn High School Wind Ensemble, Jonathan Miller, Director

The Sartartia Middle School Band, Julie Amos, Director

The Scranton Middle School Symphony Band, Jennifer Evans, Director

The Springfield High School Band, Erin Oberle, Conductor

The Swan Valley High School Symphony Band, Christopher M. Deming, Director

The Theodore Roosevelt Concert Band, Aundrea Flanagan, Director

The Toms River High School North Band, Jon Grill & George Powers, Directors

The University of Alabama Concert Band, Justin White, Conductor

The Upper Sandusky Bands. Jason Morris and Ken Hoffman, Directors.

The Vandeventer Middle School Band , Joseph Guzman , Director

The Voorhees High School Concert Band, Mr. Aidan Giannelli & Mr. Joe Reynolds, Directors

The Wendell High School Symphonic Band, Daniel J. McCarty, Director.

The West Branch High School Band, Samuel Ogilvie, Director.

The Western Hills Cougar Band, Meggan Hinds and Hannah Gonzalez, Directors

The White House Heritage High School Concert Band

The WJ Mouat Secondary School Bands, Janet Wade, Director

Thomasville High School Band, Adam Swan, Director

Timberlane Regional School District

Timberview Middle School Band, Melissa Ellenberger, Director

Tipton High School Wind Ensemble, Matthew Skiba, Director

Topeka High School Band, Jennifer J. Antonetti, Director & Garrett Jones, Assistant Director

Topeka West High School and French Middle School Bands, Barry Evans and Kevin Harry, Directors

Tucker Creek Middle School, Blair Dyal, Director

Unionville-Sebewaing Area High School Concert Band, Aaron Aikens, Director

University High School Bands, Archie Lee Hatten IV, Director of bands, Victor Lee Boswell Jr., Assistant Band Director, David Gerada, Assistant Band Director

Valhalla High School Wind Band, Adam T. Pezdek, Director

Valley Middle School Bands, Amanda Boer, Director

Valley Mills High School Band, Stormy Kelly, Director

Van Hoosen Middle School Band, Kelsey Folmar, Director

Viewmont High School, Dan Chaston, Director

Vista del Lago High School, Elicia Masztal, Director

Walter R. Sundling Junior High School Band, Jeff Zilke, Director

Wasatch High School Bands

Washington Central Intermediate School 7/8 Band

Washington Junior High Band, Jared Jones, Dylan Gilliland, Nick Fernandez, Directors

Washington Union High School Wind Ensemble, Mr. Robert Madrid, Director

Waterloo CUSD5 Band Department - Directors, Zachary Smith, Jennifer Shaheen-Hoke, Leah

Ziegler, Melanie Ryterski, Carrie Munsell

Watertown High School Bands, Andrea Wischerath, Director

Wauconda CUSD 118 Bands

Wausau East High School Bands, Robert Perkins, Director

Weaver Middle School Wins Ensemble, Ms. Ashley Shine, Director

Western Wildcat Band, Rebecca Washington & Joanna Puterbaugh, Directors

Westmoreland High School Band, Jennifer Peterson, Director

Wethersfield High School Band, Michael P. Bowles, Director

White Lake Middle School Concert Band

William D. Slider Middle School Band, Megan Acosta, Director

Wilson Winds, Wilson Middle School, Natick MA, Kevin Goddu, Director

Woodstock Middle School, Jefferson Doyle

Score
Grade 2.5 - 3
Duration: 6:00

(not) Alone

Randall D. Standridge (ASCAP)

Fragile $\text{♩} = 76$

Flute

Oboe

Bassoon

B. Clarinet 1

B. Clarinet 2

B. Bass Clarinet

E. Alto Saxophone

B. Tenor Saxophone

E. Baritone Saxophone

B. Trumpet 1

B. Trumpet 2

Horn in F

Trombone 1

Trombone 2

Euphonium

Tuba

Piano (optional)

Mallets 1
Bells/Slapstick

Mallets 2
Vibraphone/med. hard yarn mallets
Xylophone

Mallets 3
Crotales/Chimes/Marimba

Timpani

Percussion 1
Finger Cymbals (opt. Triangle)
Tam-Tam (shared w/ Perc. 3)
Snare Drum/4 Concert Tomz/
Wind Chimes

Percussion 2
Bass Drum

Percussion 3
Suspended Cymbal/Dome (sticks)
China Cymbal/
Sleigh Bells/
Tam-Tam (shared w/ Perc. 1)

1 2 3 4 5 6 7 8

(not) Alone - Score

9

Solo*
*a solo sheet is available for all instruments and includes all solos in the work.

Fl. *mf* Soloist begins either to side of stage or in audience *mf* All

Ob. *mf*

Bsn.

B. Cl. 1 *mp*

B. Cl. 2 *mp*

B. Cl. *p*

A. Sx. *p* *mf*

T. Sx. *p* B \flat Bass Clarinet

B. Sx. *p* B \flat Bass Clarinet

B. Tpt. 1

B. Tpt. 2

Hn. *p* E \flat Alto Saxophone

Tbn. 1

Tbn. 2

Euph. *p* B \flat Bass Clarinet

Tuba

Pn. (opt.)

Mal. 1 *mp*

Mal. 2 *mp*

Mal. 3

Timp.

Perc. 1 *p*

Perc. 2

Perc. 3 Sus. Cym. (yarn mallets) *p*

(not) Alone - Score

24 *a tempo*

accel. *Div.*

28 **More urgent** ♩=92

The score is arranged in systems for various instruments. The woodwinds (Flute, Oboe, Bassoon, Clarinets, Saxophones) and strings (Tuba, Euphonium, Trombones, Horns, Trumpets) play melodic lines with dynamic markings ranging from *mf* to *p*. The percussion section includes Maracas (Mal. 1, 2, 3) and three types of Percussion (Perc. 1, 2, 3). The Piano (Pn. opt.) provides harmonic support. The score includes performance instructions such as "Solo (opt. Soli)" and "Tam-Tam (scrape with metal beater)".

Performance Instructions:

- Tbn. 1 & 2:** Start in 6th bend pitch freely up then down, creating a hybridic/rhythmic effect. Arrive at F on Beat 3.
- Tbn. 2:** Start in 1st bend pitch freely down then up, creating a hybridic/rhythmic effect. Arrive at F on Beat 3.
- Perc. 1:** Tam-Tam (scrape with metal beater)

(not) Alone - Score

rit.

Tense $\text{♩} = 76$ Div.

The score is for a piece titled "(not) Alone" and is page 5 of the score. It features a variety of instruments and includes dynamic markings and performance instructions. The key signature is three flats (B-flat major or D-flat minor) and the time signature is 4/4. The tempo is marked as $\text{♩} = 76$ and the mood is "Tense". The score includes a *rit.* (ritardando) marking. The instruments and their parts are:

- Fl.:** Flute, *mf* dynamics.
- Ob.:** Oboe, *mf* dynamics.
- Bsn.:** Bassoon, *mf* dynamics.
- B> Cl. 1 & 2:** B-flat Clarinets, *mf* dynamics.
- B. Cl.:** Bass Clarinet, *cresc.* and *mf* dynamics.
- A. Sx.:** Alto Saxophone, *mf* dynamics.
- T. Sx.:** Tenor Saxophone, *mf* dynamics.
- B. Sx.:** Baritone Saxophone, *cresc.* and *mf* dynamics.
- B> Tpt. 1 & 2:** B-flat Trumpets, *mf* dynamics.
- Hn.:** Horn, *mf* dynamics.
- Tbn. 1 & 2:** Trombones, *mf* dynamics.
- Euph.:** Euphonium, *mf* dynamics.
- Tuba:** Tuba, *cresc.* and *mf* dynamics.
- Pn. (opt.):** Piano, *mf* dynamics.
- Mal. 1, 2, 3:** Mallets, *mf* dynamics.
- Timp.:** Timpani, *p* and *mp* dynamics, with a *ppp* section and instruction "(create tension)".
- Perc. 1, 2, 3:** Percussion, *p* and *mf* dynamics, with instruction "(roll with two mallets)".

The score is divided into measures 31 through 37. Measure 31 starts with *mf* dynamics. Measure 32 has *mf* dynamics. Measure 33 has *mf* dynamics. Measure 34 has *mf* dynamics. Measure 35 has *ppp* dynamics and the instruction "(create tension)". Measure 36 has *mf* dynamics. Measure 37 has *ppp* dynamics and the instruction "(roll with two mallets)".

38

With Violence ♩=154

*m.39-97, no key signature, all accidentals notated

The score is arranged in a standard orchestral format. The woodwind section includes Flute (Fl.), Oboe (Ob.), Bassoon (Bsn.), B♭ Clarinet 1 (B♭ Cl. 1), B♭ Clarinet 2 (B♭ Cl. 2), Bass Clarinet (B. Cl.), Alto Saxophone (A. Sx.), Tenor Saxophone (T. Sx.), and Baritone Saxophone (B. Sx.). The brass section includes B♭ Trumpet 1 (B♭ Tpt. 1), B♭ Trumpet 2 (B♭ Tpt. 2), Horn (Hn.), Trombone 1 (Tbn. 1), Trombone 2 (Tbn. 2), Euphonium (Euph.), and Tuba. The keyboard section includes Piano (Pn.) and optional Piano (Pn. opt.). The percussion section includes Snare Drum, Xylophone (hard mallets), China Cymbal (stick), and Bells. The score begins at measure 38 with a piano introduction. The piano part features a rhythmic pattern of eighth notes with a dynamic marking of *f*. The percussion parts include a snare drum pattern starting in measure 39 with a dynamic marking of *f*, and a xylophone pattern starting in measure 38 with a dynamic marking of *f*. The score continues through measures 39, 40, and 41, with various dynamic markings such as *ff* and *mf* used to indicate changes in volume.

55

Fl. *fp* Div.

Ob.

Bsn. *f*

B♭ Cl. 1 *fp* Div.

B♭ Cl. 2 *fp*

B. Cl. *f*

A. Sax.

T. Sax.

B. Sax. *f*

B. Tpt. 1

B. Tpt. 2

Hn. *f*

Tbn. 1 *f*

Tbn. 2 *f*

Euph. *f*

Tuba *f*

Pn. (opt.) *fp*

Mal. 1 *f* Bells

Mal. 2 *fp* (throughout, if 3 mallets not possible, play top 2 notes)

Mal. 3 *f* Chimes

Timp.

Perc. 1 *ff* *mf* *f*

Perc. 2 *ff* *f*

Perc. 3 *ff* *f*

55 56 57 58 59 60

(not) Alone - Score

64

Fl. *Div.* *f*

Ob. *f*

Bsn. *p* *ff* *p* *ff*

B♭ Cl. 1 *f*

B♭ Cl. 2 *f*

B. Cl. *mf*

A. Sx. (cutting through, strident) *ff*

T. Sx. (cutting through, strident) *ff*

B. Sx. *mf*

B. Tpt. 1 *Div.* *p* *ff* *p* *ff* *p* *ff*

B. Tpt. 2 *p* *ff* *p* *ff* *p* *ff*

Hn. (cutting through, strident) *ff*

Tbn. 1 *p* *ff* *p* *ff*

Tbn. 2 *p* *ff* *p* *ff*

Euph. *p* *ff* *p* *ff*

Tuba *p* *ff* *p* *ff*

Pn. (opt.) *ff* *mf* *p* *ff* *mf* *p* *ff*

Mal. 1 *f*

Mal. 2 *ff* *p* *ff* *p* *ff*

Mal. 3 *ff*

Timp. Use back ends of mallets to hit bowls, High and low *p* *ff* *p* *ff* *p* *ff* *p* *ff* *p* *ff*

Perc. 1 *S.D.* *fp* *ff* *p* *ff* *p* *ff* *p* *ff* *p* *ff*

Perc. 2 *mf*

Perc. 3 Sleigh Bells *mf*

This page of the musical score, page 71, contains the following parts and markings:

- Fl.:** Flute part with various dynamics and articulations.
- Ob.:** Oboe part with various dynamics and articulations.
- Bsn.:** Bassoon part with dynamics *p* and *ff*.
- B. Cl. 1 & 2:** Bass Clarinet parts with dynamics *p* and *ff*.
- B. Cl.:** Bass Clarinet part with dynamics *p* and *ff*.
- A. Sx.:** Alto Saxophone part with dynamics *p* and *ff*.
- T. Sx.:** Tenor Saxophone part with dynamics *p* and *ff*.
- B. Sx.:** Baritone Saxophone part with dynamics *p* and *ff*.
- B. Tpt. 1 & 2:** Trumpet parts with dynamics *p* and *ff*.
- Hn.:** Horn part with dynamics *p* and *ff*.
- Tbn. 1 & 2:** Trombone parts with dynamics *p* and *ff*.
- Euph.:** Euphonium part with dynamics *p* and *ff*.
- Tuba:** Tuba part with dynamics *p* and *ff*.
- Pn. (opt.):** Piano (optional) part with dynamics *mf*, *p*, and *ff*.
- Mal. 1 & 2:** Mallet parts with dynamics *p* and *ff*. Mal. 1 includes the instruction "Slapstick" and *ff*.
- Mal. 3:** Mallet part with dynamics *p* and *ff*.
- Perc.:** Percussion part with dynamics *p* and *ff*. Includes the instruction "On Timpani Heads, as normal" and *ff*.
- Perc. 1, 2, 3:** Percussion parts with dynamics *p* and *ff*.

78 With growing anxiety

Fl. *ff* *p-mp-mf-f* 1, 2, 3. 4.

Ob. *ff* *p-mp-mf-f* Play 2nd, 3rd, 4th times Play every time

Bsn. *mp-mf-f* *cresc.* *mp-mf-f*

B. Cl. 1 *ff* *p-mp-mf-f*

B. Cl. 2 *ff* *p-mp-mf-f* Play 2nd, 3rd, 4th times Play every time

B. Cl. *mp-mf-f* *cresc.* *mp-mf-f*

A. Sx. *p-mp-mf-f*

T. Sx. *p-mp-mf-f*

B. Sx. *mp-mf-f* *cresc.* *mp-mf-f* Play 2nd, 3rd, 4th times Play every time

B. Tpt. 1 *mf-f* *cresc.* Play 3rd and 4th times

B. Tpt. 2 *mf-f* *cresc.* Play 3rd and 4th times

Hn. *mf-f* *cresc.* Play 3rd and 4th times

Tbn. 1 *mp-mf-f* *cresc.* *mp-mf-f* Play every time

Tbn. 2 *mp-mf-f* *cresc.* *mp-mf-f* Play every time

Euph. *mp-mf-f* *cresc.* *mp-mf-f* Play every time

Tuba *mp-mf-f* *cresc.* *mp-mf-f* Play every time

Pn. (opt.) *p-mp-mf-f* *cresc.*

Perc. *p-mp-mf-f*

Mal. 2 *p-mp-mf-f*

Mal. 3 *p-mp-mf-f* *cresc.* Play every time

Timp. *mp-mf-f* *p-mp-mf-f* *f* Play 2nd, 3rd, 4th times Play every time

Perc. 1 *p-mp-mf-f*

Perc. 2 *p-mp-mf-f*

Perc. 3 Tam-Tam (play 2nd, 3rd, and 4th times) *mp-mf-f*

89 **Lost** ♩=76

Oboe Solo

Whisper "no, no, no, no..." repeatedly, urgently

Start in 4th, bend pitch freely up then down, creating a hypnotic/nightmarish effect

Start in 1st, bend pitch freely down then up, creating a hypnotic/nightmarish effect

Arrive at F on Beat 1

Arrive at F on Beat 1

Bells

Vibraphone

Marimba (medium yarn mallets)

F to Low E

*Rub Tam-Tam with Friction Ball Mallet or drag metal chains across surface lightly (scrape)

Sus. Cym. Dome

97

Hesitant $\text{♩} = 64$

*Key Signature active again

Slightly Faster $\text{♩} = 76$

The musical score is arranged in a standard orchestral format with the following parts:

- Flute (Fl.):** Features a melodic line starting at measure 100 with a *p* dynamic, marked with *Div.* and *Play*.
- Oboe (Ob.):** Plays a melodic line throughout, with a *pp* dynamic at the end.
- Clarinet 1 (B♭ Cl. 1):** Features a melodic line with *mf* dynamics and *Oboe* markings.
- Clarinet 2 (B♭ Cl. 2):** Features a melodic line with *p* dynamics and *Div.* markings.
- Saxophone (A. Sx., T. Sx., B. Sx.):** The Alto Saxophone (A. Sx.) has a melodic line with *mf* dynamics and *Oboe* markings. Tenor (T. Sx.) and Baritone (B. Sx.) saxophones play *pp* dynamics.
- Trumpet (B♭ Tpt. 1, 2):** Both parts play *mp* dynamics.
- Trombone (Tbn. 1, 2):** Both parts play *pp* dynamics.
- Euphonium (Euph.) and Tuba:** Both parts play *pp* dynamics.
- Piano (Pn. (opt.)):** Features a rhythmic accompaniment with *p* dynamics.
- Maracas (Mal. 1, 2, 3):** Mal. 1 plays *p* dynamics, Mal. 2 plays *mf* dynamics.
- Percussion (Perc. 1, 2, 3):** Perc. 1 plays Wind Chimes with *pp* dynamics. Perc. 2 and 3 play *pp* dynamics, with Perc. 3 also including *Sus. Cym.* (Suspended Cymbal).

105

109 With hope ♩=84

Fl. *mf*

Ob. *mf*

Bsn. *cresc.* *mf* *mp* Div.

B. Cl. 1 *mp* *cresc.* *mf* *pp*

B. Cl. 2 *mp* *cresc.* *mf*

B. Cl. *cresc.* *mf*

A. Sx. *cresc.* *mf* *mf*

T. Sx. *cresc.* *mf* *mp*

B. Sx. *cresc.* *mf*

B. Tpt. 1 *cresc.* *mf*

B. Tpt. 2 *cresc.* *mf*

Hn. *mp* *cresc.* *mf*

Tbn. 1 *cresc.* *mf*

Tbn. 2 *cresc.* *mf*

Euph. *cresc.* *mf*

Tuba *cresc.* *mf*

Pn. (opt.) *mf* *mp*

Mal. 1 *mf*

Mal. 2 *mf* *mp*

Mal. 3

Timp. *p*

Perc. 1 *mf*

Perc. 2 *pp*

Perc. 3 *mf* *p* *mf*

Molto Rit.

This musical score is for the piece "(not) Alone" and is page 17 of the score, marked "Molto Rit.". The score is written for a large orchestra and includes the following instruments and parts:

- Fl. (Flute)
- Ob. (Oboe)
- Bsn. (Bassoon)
- B♭ Cl. 1 (B-flat Clarinet 1)
- B♭ Cl. 2 (B-flat Clarinet 2)
- B. Cl. (Bass Clarinet)
- A. Sx. (Alto Saxophone)
- T. Sx. (Tenor Saxophone)
- B. Sx. (Baritone Saxophone)
- B. Tpt. 1 (B-flat Trumpet 1)
- B. Tpt. 2 (B-flat Trumpet 2)
- Hn. (Horn)
- Tbn. 1 (Trombone 1)
- Tbn. 2 (Trombone 2)
- Euph. (Euphonium)
- Tuba
- Pn. (opt.) (Piano, optional)
- Mal. 1 (Mallet 1)
- Mal. 2 (Mallet 2)
- Mal. 3 (Mallet 3)
- Timp. (Timpani)
- Perc. 1 (Percussion 1)
- Perc. 2 (Percussion 2)
- Perc. 3 (Percussion 3)

The score features various dynamics such as *mp* (mezzo-piano), *mf* (mezzo-forte), *f* (forte), *fp* (fortissimo), and *p* (piano). It includes performance instructions like "Div." (divisi) and "Crotales" (crotales). The bottom of the page shows measure numbers 111 through 117.

118 *a tempo*

This musical score is for a section titled "118 a tempo". It is a full orchestral score with the following instruments and parts:

- Fl. (Flute)
- Ob. (Oboe)
- Bsn. (Bassoon)
- B. Cl. 1 (Bass Clarinet 1)
- B. Cl. 2 (Bass Clarinet 2)
- B. Cl. (Bass Clarinet)
- A. Sx. (Alto Saxophone)
- T. Sx. (Tenor Saxophone)
- B. Sx. (Baritone Saxophone)
- B. Tpt. 1 (Bass Trumpet 1)
- B. Tpt. 2 (Bass Trumpet 2)
- Hn. (Horn)
- Tbn. 1 (Trombone 1)
- Tbn. 2 (Trombone 2)
- Euph. (Euphonium)
- Tuba
- Pn. (opt.) (Piano, optional)
- Mal. 1 (Maracas 1)
- Mal. 2 (Maracas 2)
- Mal. 3 (Maracas 3)
- Timp. (Timpani)
- Perc. 1 (Percussion 1)
- Perc. 2 (Percussion 2)
- Perc. 3 (Percussion 3)

The score is written in a key signature of three flats (B-flat major or D-flat minor) and a common time signature. It features dynamic markings such as *f* (forte), *ff* (fortissimo), and *p* (piano). The piece begins at measure 118 and continues through measure 124. The tempo is marked "a tempo".

(not) Alone - Score

127

Optional Staging: All or some non-playing members move to soloist and lay hands on them or each other, on shoulders or holding hands. Should be done quietly and arrive by last note. A select few (3-8) clearly state the phrase "I am not alone" as they stand.

The score is arranged in a standard orchestral layout. The woodwinds (Flute, Oboe, Bassoon, Clarinets, Saxophones) and brass (Trumpets, Horns, Trombones, Euphonium, Tuba) sections are marked with *fp* and *ff* dynamics, with some parts including *Div.* and *stagger breathe* instructions. The strings (Piano, Maracas) and percussion (Timp., Perc. 1-3) are marked with *mp*, *mf*, and *f* dynamics. The percussion parts include *Sus. Cym.* (Suspension Cymbal) and *Dome* (Dome) markings. The score spans measures 125 to 130, with the current page covering measures 127 to 130.

